



## Happy 101st Birthday!

Concord Residents Lucy B. and Jessie F. reached the milestone age of 101 years old this December. The two centenarians were honored at our monthly birthday celebration and presented with a proclamation from Lakewood Township Committeemen Meir Lichtenstein, Mike D'Elia and Menashe Miller.



We are proud to be a  
**CMS rated 5-star facility**  
three years in a row!

Overall Quality	Health Inspection	Quality Measures
★★★★★	★★★★★	★★★★★

Our outstanding survey results are truly an overarching reflection of our wonderful staff and the unified coordination from discipline to discipline.



ISAAC SONENBLICK, ADMINISTRATOR

### A REHAB SUCCESS STORY

**"I came to Concord because I visited a fellow congregant here often and was so pleased with what I saw. The therapists really helped me come a long way!"**

- ELSIE MORRIS  
Resident at Concord Healthcare

Throughout her life, Elsie Morris has dedicated herself to caring for others. With a strong medical background of her own, having worked as a nursing assistant in Jersey Shore Medical Center for 22 plus years, Elsie is knowingly more impressed with the quality of care she receives at Concord Healthcare. A woman of strong faith, she exudes a joyous outlook on life, and it was this fortitude of spirit that helped her through her recovery from a debilitating stroke that unfortunately left her very weak and receiving her nutrition through a feeding tube.



With the supportive guidance of our physical, occupational and speech therapy team, Elsie made steady progress over a period of a few months – successfully reaching her target rehab goals. The day her feeding tube was removed was one of celebration for her and her therapists, and she was extremely grateful to be able to return to a full oral diet. Elsie made tremendous strides in her mobility, and her ability to conduct the basic tasks that are essential to daily living vastly improved. Elsie especially enjoyed doing exercises on the omnicycle – an active-assisted rehabilitation system used to strengthen her upper and lower body.

Elsie's favorite pastimes include crocheting, knitting and visiting others in the hospital to uplift their spirits.



## Paying Tribute To Our Veterans

At Concord Healthcare we take pride in caring for many individuals who served in the US Armed Forces.

We tend to the needs of our distinguished Veterans on many levels – whether its physical, spiritual or social-emotional. We look for ways to enhance their comfort and to show our respect and appreciation for their sacrifice for our safety.

To meaningfully mark Veterans Day, a special program took place at Concord on November 13 in conjunction with Grace Healthcare & Hospice. With family members in attendance, our Veterans were introduced and presented with a certificate and a pin honoring their service. Other facets of the program included a special Honor Table, a Moment of Silence, and a forum discussing 'What is a Veteran' and the history of the day.



## Concord Highlights

The Holiday Season is a festive time here at Concord, as we celebrate together with family and friends. Looking to spread the warmth, we were proud to participate in the **Lakewood PBA Local 71 & Township Coat Drive**. Special thanks to the many locals who stopped by to drop off coat donations in our lobby.



Our **Halloween festivities** got off to rocking start with favorite **Entertainers John & Barb** . . . even our beloved pet **Kitchi The Cat** got into the dress-up spirit! We hosted a special **Thanksgiving lunch** for our residents and their families. Our Activities and Dietary Department worked together to pull off a really noteworthy meal.

Our Activities team is always ready to go the extra mile to make our residents happy. Upon discovering that resident John D. is a huge Elvis fan, they made his day by bringing in an **Elvis Entertainer** to mark his birthday.



Recent resident outings included a trip to the **Hard Rock Casino** in Atlantic City and lunch at **Red Lobster**.



### NOTED & QUOTED

**"Mom's recovery is nothing short of a miracle from heaven that a number of special people at your facility have been part of."**

– DR. AND MRS. F.

### CALENDAR OF EVENTS

**DEC 7:** Dollar Store & Lunch Trip

**DEC 13:** Pet Visit with Kitchi The Cat

**DEC 14:** U-Can Do Oil Painting Class

**DEC 17:** Food Forum & Resident Council

**DEC 18:** Resident Holiday Party  
Music with Dale & Amy

**DEC 20:** Breakfast with The Chef

**DEC 21:**  
Make Your Own Gingerbread House

**DEC 24:** Cooking Club/  
Christmas Sugar Cookies

**DEC 25:** Christmas Friends Social

**DEC 30:** Pre-New Year's Eve Celebration  
with DeJaVu

**DEC 31:** Countdown to the New Year Social

**Bible Study with Pastor Joe**

Last Monday of every month | 3:00 pm

*Wishing everyone a  
Happy New Year!*

# 2019