

Dear Families & Friends,

Happy Holidays from Concord Healthcare and Rehabilitation Center! We've been working hard to improve our center and make for the best possible experience for our residents and their families. We hope that you're all doing well as this year comes to a close, and we have some updates that we're excited to share with you!

We are proud to report that the Center scored very well on our recent Department of Health survey, and we're continuing to strive to create the healthiest environment possible. Our new phone system now provides each resident with their own direct line, making it easier for residents to stay connected with the friends and family that they hold dear. Our facility has also introduced **Restore Skills Therapy** into our programming, providing residents with a powerful, engaging, and measurable functional skills development platform to help them in their journeys during their stay here at Concord Healthcare and Rehab.

The Center bids farewell to two special, long-time employees this month, as our beloved CNA, Moshen Elshamy "Shamy", and MDS coordinator, Sharon Fallon, head into retirement. After Shamy's incredible 30 years of hard work



and dedication on the Concord team, and after a wonderful 14 years working alongside Sharon, they will be sorely

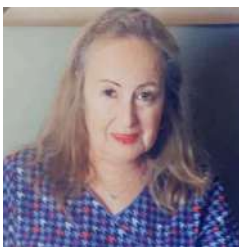
missed. However, we are very happy to welcome aboard our two newest department heads in the Concord team: Nicole Floudas in Social Work and Emma Kelly in Admissions!

We would like to congratulate our former LPN, Tamara Jones, on her recent graduation and achievement in becoming a Registered Nurse, and to our RN, Shannon Macrina, on becoming a Nurse Practitioner! These are both incredible accomplishments, and we are so proud of these two.

Jay Kramer

JAY KRAMER, ADMINISTRATOR

Up close & personal with Debbie Cora



of a community hospital for a year. She even has a license to do nails! Through all of these events, Debbie lovingly cared for her grandmother and ensured her wellbeing.

As a Dietary Aide Debbie does a little bit of everything; she makes desserts, prepares snacks, and interviews residents to discover their dietary preferences. She enjoys getting to know the residents and their stories, and she loves her wonderful coworkers and having a great boss in Choi, our Food Service Director.

Debbie, who resides in nearby Bayville, has been an invaluable part of our team here at Concord for many years, and we are so appreciative for her skills and all that she does for the Center. She works hard so that our residents receive the highest level of care, and for that we are eternally grateful. Thank you, Debbie!



Tamara Jones, RN
Concord Superstar

We would like to take this opportunity to recognize **Debbie Cora**, a Dietary Aide at Concord for over 30 years!

One of our most dedicated staff members, Debbie has been with us since the Center first opened in 1984, starting out as a part-time employee and then transitioning to full time.

When Debbie was just out of high school she had no clue what a Dietary Aide was or what they did. After a friend encouraged her to go and interview for a position, she fell in love with the role and the rest is history! She first worked at a facility in Point Pleasant, and then went to vocational school to earn her certificate in Food Service Management in the 90s, before working per diem in the Diet Office



We would like to announce our new Employee Recognition Program, in which residents, families, and staff can nominate a deserving employee who goes above and beyond.

Each month we will select a new Superstar, who will be gifted with a prize of their choice – a pair of sports tickets, an extra vacation day, AirPods, a paid day off or dinner for 2 at their favorite restaurant!

'Tis the Season . . .



These past few months have been absolutely packed with activities! We celebrated **National Teddy Bear Day** by adopting teddy bears. The residents picked out which bear they wanted to adopt, gave them a name and received an adoption certificate along with teddy graham snacks.

Our hardworking department heads recently had an incredible night out when they were **wined and dined at Char Q** in appreciation of their dedication and devotion each and every day.

We had an absolutely spooktacular time this Halloween season. Festivities included a **community Trunk or Treat** and **creative pumpkin painting**, not to mention some truly fabulous Halloween treats! Our staff and residents also all had a fantastic time showing off their terrific costumes in our **Halloween costume parade** – big congratulations to all the winners!

In honor of **Veterans Day**, we celebrated and expressed our gratitude to our 28 residents who previously served in the United States Military. We thank you all so much for your bravery and your service to this country; it will never be forgotten.



In October, our Activities Director brought in her very own **adorable dogs, Saucalita and Zayda**. The two furry friends were a joy for our residents, and it was an absolutely gorgeous day for some always-welcome fur baby therapy.



Happy 100th to Anthony!!

Concord Resident Anthony M. recently celebrated his 100th birthday. The proud centenarian received a congratulatory letter from the Mayor of Lakewood, accompanied by a proclamation. Born in Newark, NJ and the proud dad of three kids, Anthony enjoys watching football especially Tom Brady and doing word puzzles. He worked in quality control.



DEC 8: Lunch & Shopping Trip

DEC 10: Music With Dale & Amy

DEC 13: Birthday Bash With John & Barb

DEC 14: Hot Cocoa Bar

DEC 16: Resident Holiday Party / Music with DeJaVu

DEC 17: Ugly Sweater Contest

DEC 20: Food Forum & Resident Council

DEC 21: Music With Peas & Carrots

DEC 22: Ice Cream Cone Christmas Trees

DEC 23: Great Chefs: Christmas Sugar Cookies

DEC 24: Happy Hour & Poker With AC Poker

DEC 30: Breakfast With The Chef

DEC 31: Rockin' New Year's Eve Party

Introducing **RESTORE.**

We're excited to introduce the Restore Skills Therapy platform into our therapy & recreation programming here at Concord. These stimulating, interactive, and fun game-like exercises



have been very well-received by our residents so far, and we look forward to continuing to explore the platform and the ways that it can help motivate our residents to reach their therapy goals!